

italian tours and

*Travel* by Diana

19059 Lake Road  
Rocky River, Ohio, 44116 - USA  
+1.440.895.0011  
info@italiantoursbydiana.com  
www.italiantoursbydiana.com  
f Italian Tours by Diana

## Custom Yoga Retreat to Greece with Lana Sevel May 2020

September 16, 2019 DM

Day 1 Friday May 1, 2020

Depart USA

Day 2 Saturday May 2, 2020

Arrive Crete - Chania

Crete



Welcome to beautiful Greece. Upon arrival at the international airport you will be met by your representative for your private transfer to your accommodations. Time at leisure to settle in. Sunset Yoga, dinner, and overnight in Chania on the Island of Crete. PT/Y/D/H

Day 3 Sunday May 3, 2020

Chania – Crete

Breakfast and then sunrise Yoga. This morning we will make our way to the historic city center of Chania. Chania is also known as Hania and is considered one of the most intact Old Towns on the entire Island of Crete. The original Venetian and Turkish architectural elements are evident as you stroll through the city center. With our local guide we will explore the narrow and winding alleyways as we discover the ancient history around us. We will enjoy incredible views from the Venetian Harbor and sample some genuine local coffee. Part of the day will be spent in the Archeological Museum of Hania where we will see findings from ancient Kydoniai and Aptaera. After our guided tour we will enjoy free time browsing the stalls at the Chania Municipal Agora, a stunning farmer's market that dates back to 1913. Return to hotel for overnight in Chania. B/Y/PD/G/D/H

Day 4 Monday May 4, 2020

Chania - Gramvousa and Balos Bay

Breakfast and then sunrise Yoga. Crete is known for its natural beauty with its beaches on the southern coast and its stunning white mountains as a back drop. Today will be a day spent at sea inhaling its spectacular beauty. Bring your swim suits!! Our boat will depart Kissamos Port and sail for an hour or so in the bay. You will have a chance to walk and swim in the world famous Balos Lagoon, known for its amazingly crystal-clear waters. From here we will explore the Island of Gramvousa and see the Greek Orthodox church on the seaside. If you like, from here you can hike up to the ancient Venetian Castle which is located 137 meters above the level of the sea and take in the breathtaking views of the Balos

Lagoon. In the late afternoon we will return for a relaxing session of sunset yoga and dinner and overnight. B/Y/PT/Cruise/Y/D/H

Day 5 Tuesday May 5, 2020 Chania – Ag Nikolaos – Rethimno

Breakfast and sunset yoga and then we will depart for a genuine olive oil tasting. Our visit to an authentic olive oil farm/producer will be very informative and delicious. From here we will visit the tiny and colorful town of Rethimno which is located on the northern shore of the Island of Crete. The Venetian Harbor is filled with fishing boats and endless tavernas to choose from for a light bite to eat. On one of the elevated parts of the city there is an ancient star-shaped Fortezza (citadel) from the 16<sup>th</sup> century. Free time to explore and then afternoon return to our villa for sunset yoga and dinner. Overnight. B/Y/PD/TSTG-light lunch/Y/H

Day 6 Wednesday May 6, 2020 Chania, Crete – Athens

Breakfast and transfer to the airport for a quick flight to Athens. Upon arrival in the ancient capital of Greece we will transfer to our accommodations. Free time and then yoga before dinner. Overnight near Athens. B/PT/Flight/PT/Y/D/H

Day 7 Thursday May 7, 2020 Athens, Greece

## Athens



Sunrise Yoga, followed by a traditional Greek breakfast. Late morning visit of historical Athens. Today we will spend in Greece's capital and one of the world's oldest cities, which has been continuously inhabited for 7000 years. With our private bilingual guide, we will discover ancient archeological sites, including the famous Parthenon. This is the temple dedicated to the goddess Athena. A climb to the top of the hill of the Acropolis will offer a historical experience and a spectacular view of the surrounding city. We will stop at the first modern day Olympic Stadium, used for the 1896 games and examine the antiquities in the National Archeological Museum. We will visit the Plaka, Athens's oldest neighborhood—and one of the liveliest parts of town, with shops, restaurants and sidewalk cafes making it perfect for strolling around. We will enjoy dinner this evening in the heart of Athens. Priority entrance tickets will be provided. Overnight near Athens. B/Y/PD/G/ET/D/H

Day 8 Friday May 8, 2020 Athens

Breakfast and then Sunrise yoga. Entire day at leisure. Late afternoon, Sunset Yoga and farewell dinner. Time to reflect on the past several days. Overnight. B/Y//Y/D/H

Day 9 Saturday May 9, 2020 Athens-USA

Breakfast and then private transfers to the airport for international departures. Namaste! B/PT

CODES: B=Breakfast    L=Lunch    D=Dinner    H=Hotel    G=Guide    ET=Entrance Ticket  
PD=Private Driver    PT=Private Transfer    BR= Boat Ride    WT=Wine Tasting    CL=Cooking Lesson

Your custom itinerary includes

7 nights in lovely accommodations  
7 breakfasts  
6 dinners which include wine  
1 light lunch  
2 private bilingual guided tours  
1 priority entrance ticket  
1 boat cruise  
1 olive oil tasting  
10 sessions of yoga and meditation  
Private transportation throughout journey  
Private airport transfers  
1 inter-Europe flight from Crete to Athens  
24/7 concierge service from Diana & staff

Price per person based upon double occupancy for the land portion of this journey is

11-16 participants \$2996.00      8-10 participants \$3232.00 ( international airfare is not included)

Single room supplement is 542.00 pp